South Delhi Public School, Defence Colony, celebrates Annual Sports Day

South Delhi Public School, Defence Colony, celebrated its Annual Sports Day with great enthusiasm. The school ground was beautifully decorated with colourful balloons, creating a vibrant and festive atmosphere.

The students from Nursery to Class 8 participated in the event, showcasing their athletic skills and sportsmanship. School director Urmila Rawat, chairperson Dipikka Rawat Marya, principal Jyotsna Jain, and co-ordinator Vijaya Srivastava were the guests of honour.

The event was officially declared open by the school director, who



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encouraged students to participate with enthusiasm and enjoy the spirit of sports. The day began with an aerobics and yoga session, where students demonstrated their flexibility, strength, and coordination.

The highlight of the event was a variety of races, which included a frog race in which children hopped like frogs to reach the finish line; a skipping race, which tested students' agility & endurance; an ice cream race – a fun race in which participants balanced a ball on a cone while running; and a three-legged race, which promoted teamwork and coordination. The principal congratulated all students for their enthusiasm and encouraged them to continue participating in sports for a healthy and active lifestyle.

The event, which was filled with fun, excitement, and a strong sense of teamwork, was a resounding success. The event ended with a vote of thanks, leaving students motivated and looking forward to next year's celebration.